

## Literature Review: Interpersonal Communication in Post-Broken Home Children

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### ABSTRACT

Background: Digital media has the greatest influence on interpersonal communication that occurs between children and adults, including communication that occurs in cases of broken homes. This is because the way media is used to interact with people has changed, resulting in the emergence of interpersonal conflict within the individual. This study aims to find out the role of digital media in interpersonal communication for children after a broken home. Research method: This study used a qualitative research method with inclusion criteria, namely journals published from 2017 to 2020. The samples used in this study were obtained from Google Scholar and Mendeley. Results: Interpersonal communication (Interpersonal) in children has a significant influence on children both from the child's learning process at school, then how to socialize at home, and the personality possessed by the child. Conclusion: Interpersonal communication (between individuals) is a direct and face-to-face human interaction that allows participants to observe verbal and nonverbal cues from others. (Mulyana, 2002) In the implementation of interpersonal communication, parents have the most important role for the child because if there is no establishing one Good communication between children and parents will hurt the child.

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## INTRODUCTION

Interpersonal communication, especially face-to-face, is the type of communication that most successfully influences others to adopt communicant attitudes, perspectives, or behaviors. When there is personal contact, namely between individuals who communicate personally, face-to-face will become more intense. (Kurniawan, 2014) Human communication has become commonplace and we often do it. This routine activity can be constant communication. Starting from waking up early, listening to the dawn adhan, being present at the dinner table with family members at breakfast, working, studying, walking, obeying the rules, stopping at red lights when red, driving when the lights are green at traffic lights and much more. (Sadat, 2019)

This exchange of information usually occurs dialogically and serves as a means to signify the completion of a transaction. Interpersonal communication occurs in a dual form in which the speaker

and listener alternate. Interpersonal communication is a form of communication that provides the most benefits to convince people to change their attitudes, views, or behavior. If interpersonal communication takes place face-to-face, it will be more intense because there is direct personal contact between personal communicators. (Nita Indriati, 2017).

Creating information, processing messages, organizing correlations, and social perception are only a small part of the processes that make up interpersonal communication. (Darmawan et al., 2019) The purpose of interpersonal communication is to: (1) Get something that every human being needs because without it humans want to retreat and die; One of the things needed here is interpersonal contact between people; know yourself; and interpersonal contact. Following what we believe and everything that others say to others, helps us become more self-aware; (3) maximize enjoyment and reduce misery. Maximize happiness and reduce misery from various sentiments, such as anger, pain, misery, and happiness that are necessities of life, among others by establishing contact between us and others.

The use of internet-based or online (digital) media is growing quite quickly. Bad things that can be caused through social media include persecution, hoaxes (false information), pornography, sexual violence, addiction to violence, and divorce. Along with the development of digital media, the media audience has become more varied and continues to grow with the changing times. The initial communication flow of media was exclusively in one direction, but as the evolution of media has come into contact with its content, The introduction and growth of the Internet have led to new social communication paradigms, the availability of social media, and new communication methods making it easier for people to convey information besides that we can also communicate anytime, anywhere, and without having to meet physically. Not only that, but the use of social media also has a positive effect on interpersonal communication that occurs in children after a broken home (divorce). (Saoqillah & Nada Siti Wardah, 2018).

The role of parents is very important in helping children who experience a broken home to improve interpersonal communication because it can create an atmosphere of peace, affection, and care for the child. The structure of family life reflects the personality and nature of the child. Effective family communication is influenced by the frequency and quality of children's communication. Openness is necessary for the child, empathy, mutual trust, honesty, and kindness in this situation. (Ruli, 2020), besides that communication carried out by parents and children can also control, monitor, and support their children. Communication behavior when people participate, such as in group interactions, is a key idea in interpersonal communication. Intergroup relationships that take place face-to-face and allow each participant to understand directly responding to others, both verbally and nonverbally, are referred to as interpersonal relationships or interpersonal communication. (Farhan et al., 2022).

A broken home itself is a condition where a child does not get the love and care given by his parents due to a divorce. (Muttaqin, 2019) This makes children closer to their parents and others, It is not unusual for shy children to act aggressively in front of many people when they are around many people. They don't want others to find out and ask what's going on. When children are left alone, they may blame their parents' divorce on jealousy, which can lead to despair if the situation is not handled properly. And even to vent their emotions, children can do things that are not desirable (Pranata, 2016).

Children must adjust to the adjustment of their new family. Not all children are victims Divorce presents developmental challenges. His parents have a large family, which is a pity, but they also have a child who inspires them to start over and live a better life than their own. (Ghaisa, 2020).

The period after divorce is the most challenging time for children among the various problems faced by children in broken homes. (HADIANTI et al., 2017) For this reason, children need to learn how to adjust to new circumstances after family crises and divorce. People from broken homes and families are stigmatized in society. Not a few people perpetuate the myth that teenagers from broken homes commit juvenile delinquency the most.

Parental divorce, poor communication between parent and child, ineffective parenting, peer influence, and support from family and community are external factors that greatly influence juvenile delinquency. Because of this, society has come to believe that adolescents from families who are in distress are more likely to engage in juvenile delinquency or other deviant behavior. (Nadaek, 2014)

## RESEARCH METHOD

The method carried out in this study is the literature review method, which is meant by "Literature Review" refers to certain types of research or research processes carried out by collecting data both data that is library and documentation (Nursalam, 2016). The data used came from several journals related to Interpersonal Communication in Post-Broken Home Children. The inclusion criteria used are journals published from 2017 to 2020, the samples used in this study were obtained from Google Scholar and Mendeley. And using keywords namely: Interpersonal communication of broken home children, The role of media digital.

## RESULTS AND DISCUSSION

### a. Definition of Interpersonal Communication

The process of delivering messages from one person to another is known as interpersonal communication (the other party). In this view, communication involves a meaningful exchange of information and should involve the recipient of the information as well. Interpersonal communication is necessary for ideas to be shared and connections between communicators to flourish. Effective communication requires expertise in understanding context (interactions, people), as well as awareness of the "rules" of nonverbal behavior. 90% of people fail in life because they don't cultivate healthy relationships with others. (Suryanto, 2015)

Interpersonal communication is one of the fields of communication science. Interpersonal communication refers more to the closeness of the process, the intimacy of communication, with the purpose of the message conveyed, the effect is immediate. Thus, interpersonal communication begins with a psychological approach, establishing closeness and familiarity. (Hasani & Hanani, 2017), Dialogue can take place thanks to the very important interpersonal communication process. Dialogue is a type of interpersonal communication that indicates the occurrence of transactions. Participants in this kind of communication perform a dual role, switching between talking and listening at different times. The actors seek to communicate with each other to foster empathy and mutual understanding during the dialogue-communication process. Because of social rank, but based on the premise that each is a human person who has rights and responsibilities, is suitable and deserves to be valued and respected as human beings, this process leads to mutual respect.

### b. Interpersonal Communication of Parents and Children After Divorce

Communication between children and divorced parents is very important because with this communication, the relationship between parents and children can be good, especially for emotional development that occurs in children (Ryandini & Destiwati, 2021). In this case, it is parents who have an important role in establishing this communication as some informants say:

"According to Mrs. Nadia, the role of parents is very important in interacting with children. One of the most important components of any relationship, even with family members, is good communication. Children from broken families often get hurt, but naturally, children from confusing families also experience significant stress. The second party plays an important element (children and the elderly). But it is better to start with adult parents. (Conversation with Nadia, May 7, 2021)

"According to the family of one of the informants, interpersonal communication in general can be carried out using direct and indirect communication strategies. Although they divorced, the parents kept in touch with their children. His opinion was reinforced by the fact that he kept both his parents. Dea's father never forbade her from talking to her mother. Plus, the child still communicates with his biological mother. How often does she still have meetings with her children every month? They kept in touch over the phone even though we couldn't meet. Furthermore, biological fathers establish interpersonal relationships with children from their dysfunctional households by attending to their needs and using a self-approach with them (Dea Family interview July 2-6, 2021)."

A child's mind can be made to feel comfortable and joyful by small gestures parents make in families that are dysfunctional to them. There will be comfort for the child. Even if parents divorce

or separate, communication with parents can ensure that the child's development is healthy and legitimate. So that children do not feel separated from one of their parents, parents must be able to communicate regularly with their children. (Farhan et al., 2022)

"Based on the results of an interview conducted by (Ghaisa, 2020) through the confession of her mother, she said "The only significant change since she and her husband divorced is that they no longer live together in the same house. The affection, care, duty, and obligation of Ibu Siah and her ex-husband as parents of the child remain the same as before; The only thing that has changed is the distance of parents from each other and their absence from children's lives."

Bu Siah did not forbid her children to see her father. She also maintained a good relationship with her ex-husband. In this situation, Siah's mother and ex-husband tried their hardest to be good parents to their children. Siah's mother and her legal ex-husband each acted as parents to her two children. In addition, parents have the responsibility to comfort, teach, and show affection, just like parents who are not going through a divorce.

"Everyone wants a satisfied family. However, there is often a failure of the procedure which leads to divorce. Of course, this affects your life, son. People who act out because they don't get enough family attention are common. The unstable psychological state of children makes them seek activities involving the opposite sex. It makes sense that some children from dysfunctional families are involved in cases of free sex to get pregnant out of wedlock (interview with Frastika on July 5, 2021)."

Based on the results of the interview, it can be seen that divorce brings bad things to children and can also interfere with the psychological state of children. This is to research conducted by (Massa, 2020), namely broken homes can make them vulnerable to psychic disorders, hate parents, vulnerable to negative environmental influences, believe that life is meaningless, difficult to get along with, and have morality problems. In the implementation of interpersonal communication (interpersonal) carried out by parents with children, there are several things that must be considered, namely:

1. Openness in interpersonal communication

One of the most important aspects of a family is openness. This type of openness also includes parents or children telling each other what happened, sharing feelings with parents or vice versa, and much more. Parents have an important role in communication when children experience a broken home; If parents can be open with their children, then their children will do the same with their parents. Children from broken families may be more accepting of their parents having custody than children from intact families. (Ryandini & Destiwati, 2021).

Openness in communication there is a limit to the amount of time parents can spend with their children. This implies that not all communications can be fully transparently disclosed. Certain messages are kept secret and stored properly between the communicator and the communicant. Open-minded interpersonal dialogue What is meant by this is that parent and child should be open to hearing messages from each other and that communicators and communicants should behave accordingly. (Priyono Soesanto, 2019)

"I don't respond when I want to tell a story because I'm too lazy, especially when I'm separated from my family, it's hard with my father, communication is difficult, ah it's hard for everyone. In fact, since before parting, my father worked in the fields, often went out of town, and sometimes went home more often with my sister, I would be a little less open from there. (Love Interview, March 20, 2021)"

The state of love is also very similar to Mawar with her parents because Mawar also claims to be more open with her mother than with her father. Mawar lived with her mother after the divorce, while her father moved back to their hometown.

"Since childhood, communication with Papa was very rare because we didn't live in the same house, he was in Garut, and I was in Bekasi. Plus, there seems to be no effort to get Papa to be more open and close to me (Rose Interview, March 22, 2021)."

Based on these interviews, it can be concluded that there is no relationship between the openness of interpersonal communication between parents and children which causes the child to be more reserved (Introvert), this is related to research conducted by (Wiwit, 2017) the percentage of adolescents with divorced parents is quite low. The introverted personality of adolescents contributes

to their limited self-disclosure. Then, adolescent self-openness is also influenced by the closeness and amount of information provided. To find out more about their child's activities, parents may use self-disclosure as a valuable tool.

This is also to the theory presented by (DeVito, 2013) Openness is the capacity to enjoy the knowledge received and respond to it. Usually, an open person will reveal all his traits, good or negative, to prevent the formation and improve relationships.

## 2. Empathy in interpersonal communication

The key to productive conversations is to have empathy for parents and children in broken homes. When faced with certain circumstances, the ability to perceive what is happening as experienced by others is what is meant by the term "empathy". Understanding other people's emotions, problems, and points of view is a requirement for empathy. (DeVito, 2013).

## 3. Self-Concept that exists in every individual

A person's self-concept refers to their opinions and perceptions of themselves as targeted by others. Self-concept doesn't just come from a person's personality; It also comes from how the person interacts with others (social processes). Likewise in the opinion of Riswandi. (Widiarti, 2017) Self-concept refers to an individual's view of oneself and the cognitive processes that accompany it. One of the cognitive components of society is the self-schema, known as.

A person's opinions and beliefs about himself are expressed in his self-concept, that is, mental images. The beliefs that a person has about qualities that are inherently part of him are known as their self-concept. This view develops when the person realizes these qualities through personal experience, social interaction, and contemplative processes. (Maryam, 2018)

According to (Nurhaini, 2018), several circumstances, including those listed below, affect the way a person develops his self-concept. Just as a person can influence how others react by seeing how their behavior reflects their responses, or by changing one's behavior, comparisons with others, i.e. how one perceives oneself about others, have a significant influence on one's self-concept.

## CONCLUSION

Interpersonal communication (between individuals) is direct and face-to-face human interaction that allows participants to observe verbal and nonverbal cues from others. (Mulyana, 2002) in the implementation of interpersonal communication itself, parents have the most important role for the child because if there is no good communication between the child and the parents, it will have a bad impact on the child.

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