

**PUBLIC SPEAKING WITH PRACTICE AND PREPARATION
METHODS AT MAAHAD DARUL AZHAR WAL HIKMAH
TERENGGANU, MALAYSIA**

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Abstract

Failure to understand information in the learning process often occurs due to weak public speaking skills, especially in the school environment. To anticipate this problem, they needs some method as to increase they skills in public speakings. The Postgraduate of Islamic Communication and Broadcasting UIKA conducts community service activities at Mahaad Darul Azhar Wal Hikmah Malaysia by providing public speaking training based on Practice and Preparation. This method is effectively applied to programs with a short duration time, with hope of having a sustainable effect and beneficial for students to confidently carry out da'wah practices in the community. This activity provides theory and practice of public speaking with the "Practice and Preparation" method in improving students' public speaking skills. With a qualitative descriptive approach, we are preparation activities for 35 studenst in training. They give's briefings before speaking in public are given theoretically and conceptually. The briefing provided helps students to be more confident in public speaking service, activity managed to get a positive response from the participants and able to display the practice of storytelling with a randomly selected theme. Practice and Preparation method are effective in improving the public speaking skills for Mahad Darul Azhar Wal Hikmah students.

Keywords: Public Speaking, Practice preparation, Da'wah Community, Story Telling Skil, Interactivity

INTRODUCTION

Public speaking skills are one of the skills needed in various aspects of people's lives, especially in the school environment in order to facilitate the teaching and learning process for both teachers and students (Putra et al., 2022). Good public speaking proficiency is formed from the ability to manage information packaged with clear data and facts so that it helps strengthen confidence when speaking in public (Wardani, 2023). Public speaking skills, teachers and students in particular will be able to build good social relationships so that they can easily spread the knowledge that has been learned. (Wiratami et al., 2022).

But the reality is that there are still many who are not confident to speak in front of them by implementing a two-way communication model, it is hoped that the crisis of confidence experienced by youth when speaking in open forums can be overcome (Wardani, 2023). A study conducted by Yuliatmojo, (2022) found that self-confidence problems often occur because the social environment does not provide support to confidently speak in front of public, especially in remote areas far from the city center. Other problems that hinder public speaking skills such as research conducted by Wulandari, (2022) are weak literacy skills, low literacy interest has an impact on knowledge that will affect public speaking skills. The potential demographic bonus in the next 20 years, which will be dominated by the younger generation, also encourages the long-term need for public speaking skills (Hartini, 2019). This reason is indirectly expected so that young people have social skills and are able to speak in public. Schools need to design learning methods with the aim of producing the expected output of learning activities, especially practicing public speaking skills (Erawan, 2020). So that in the end learning is easier, directed, and measurable in its implementation. In learning public speaking skills, there are various methods that can be used according to the needs of students and teachers. An effective method that can be applied to an activity program in a short time with the hope of having a sustainable and beneficial effect in the long term, can be done by using a book-based study method (Soesilo, 2020). By following a knowledge book in which there are guidelines and how to apply, learning practices will be easier to implement.

The "Practice and Preparation" method is part of the material and at the same time the technique in public speaking which has been described in the book "Speak for Success" by Ferly Junandar, who is also an expert in public speaking. In his explanation in the chapter "Practice and Preparation", Ferly Junandar (2016) emphasized that practicing then increasing the practice of public speaking and making careful preparations is a solution to improve public speaking skills and minimize shortcomings and mistakes that may occur when we appear to speak in public. This method is proven to be easy to apply because basically all types of learning and life practices require maximum habituation and preparation in order to achieve excellent results. A method is generally formed according to the results of observations and surveys on an object (Joesyiana, 2018). Based on the results of observations of 35 students of Tsanawiyah Maahad Darul Azhar Wal Hikmah (MDAWH) or equivalent to the junior high school level regarding public speaking skills and experience and also the results of a survey of teaching and learning activities (KBM) of MDAWH Islamic boarding schools. It was found that he had never practiced and carried out educational activities about public speaking. But some students look active when given the opportunity to speak. The pesantren has also accustomed students to lead obligatory prayers at certain times and dhikr and read prayers. In this study, the researcher will examine the effectiveness of using the "Practice and Preparation" method in improving students' public speaking skills. Educating Tsanawiyah students who are also a community of children's age groups is part of taking a role to prepare the next generation to compete and compete to spread benefits in the post-modern era which will take place to coincide with the potential for demographic bonuses. This research is hoped to be an effort to find theories and solutions in the application of activities to learn public speaking skills that are effective and easy to apply by teachers and students.

IMPLEMENTATION METHOD

The practice and preparation workshop carried out by students and lecturers of the Master of Islamic Broadcasting Communication at the UIKA Bogor Postgraduate School at Maahad Darul Azhar Wal Hikmah Terengganu Malaysia took place on August 22-24, 2024. After providing theoretical briefings about the stages and preparations that need to be done before speaking in a scientific forum to students, this study conducted descriptive interviews with workshop participants qualitatively-descriptively. This study presents what actually happens in the process of teaching public speaking using the practice and preparation method. The team assessed the effectiveness of the preparation and practice learning model in improving students' public speaking skills, especially in giving a positive influence in improving speaking proficiency in front of the public. By interviewing Maahad Darul Azhar Wal Hikmah students who took part in a Public Speaking class that had been integrated with practice and preparation methods. The sample withdrawal used is a purposive sample by selecting students who succeed in confidently appearing in front of the public in scientific forums in accordance with the purpose of ino's service activities. The sample interviewed amounted to 10 students consisting of 6 male students and 4 female students out of 35 existing students.

RESULTS AND DISCUSSION

1. Obstacles in Practicing "Practice & Preparation"

Learning a knowledge in theory is not similar to practicing it in practice (Rafsanjani et al, 2022). Each knowledge has different theories and practice methods. In public speaking, intensive practice is needed as an effort to increase insight in knowledge. By increasing the experience of public speaking, the shortcomings and mistakes made are the process taken to gain new insights into public speaking. Based on the results of interviews with 10 students of the Maahad Darul Azhar Wal hikmah Islamic Boarding School, it was found that there were 3 main obstacles in practicing the "practice & preparation" method, namely; internal factors, elementary factors, and time limitations. This obstacle was detected after learning and doing the method in the public speaking class taught in this service activity. Of the 3 obstacles, internal factors are the most dominant in hindering the practice of practice & preparation when doing public speaking. Individuals have an important role in ensuring that practice is carried out thoroughly, partially, to not at all. Several reasons such as laziness, lack of confidence in practice, embarrassment, fear and worry about other people's judgments, as well as various other types of prejudice that influence the process of individuals carrying out their roles. External factors or influencers from outside the individual can be classified into two, namely; controllable and uncontrollable. Some of the reasons found in external factors are in the form of priority scales, unexpected things, and not getting an audience or partner to practice. As a student, the priority scale is greatly influenced by the class hours to the tasks and responsibilities of the subjects taken. This creates subjectivity in categorizing it as a controllable or uncontrollable factor. However, if something unexpected happens, of course, it is very capable of hindering and hindering the process of practicing this method. Limitations in anticipating and finding alternatives are increasingly the cause of this problem. If this is true then we can categorize it as an external factor that cannot be controlled.

On the other hand, time limitations are factors that can be accepted objectively or subjectively. A student's time limitations can be measured through his schedule of daily activities to the tasks and responsibilities of the subjects he takes. This time limitation can affect the preparation process as well as practice. If the time is not enough, then the preparation is not done carefully until it is not done at all, the same thing also applies to the practice process. From the various obstacles that have been described, the obstacles created do not show any influence on the effectiveness of the "Practice & Preparation" method in improving public speaking skills. Obstacles when practicing only affect the individual and do not give any impression on the effectiveness of the method, an increase in ability can still be produced even if the practice is not done perfectly.

2. Concepts That Have Relevance in Daily Life Obstacles in Practicing "Practice & Preparation"

Making preparations before doing something as an effort to maximize it and multiply repetitions to perfect an activity is something that is usually done in the daily life of humans in general to reach the stage of perfection. Throwing the ball that is done with careful preparation and increasing the number of repetitions is able to improve the quality of the throw (Fauzi et al, 2019). The students prepare themselves before studying in class by wearing neat school uniforms, preparing subject books and stationery, and coming to class on time. Some of these examples can illustrate the similarities seen in the "Practice & Preparation" method which trains oneself to prepare well before appearing to speak in public and does a lot of speaking practice to strengthen the effort. Based on the results of interviews with students of the Maahad Darul Azhar Wal Hikmah Islamic boarding school, it was found that the "Practice & Preparation" method was proven to have a similar concept to activities other than public speaking in the daily life of the sample. One of the students even implemented this method in improving the quality of memorization of the Qur'an by making careful preparations before starting to memorize one verse of the Qur'an and then doing many repetitions on the verse that he wanted to memorize. Some examples of the implementation of the "Practice & Preparation" method in other daily activities such as cooking, exercising, and doing exam questions are proof that there is a concept similar to activities carried out in daily life. This shows that this method is effective in improving proficiency in public speaking. Not only public speaking, several other activities that require preparation and rehearsal are very feasible to be applied with the "Practice & Preparation" method.

3. Impact on Ability *Public Speaking*

Basically, everything has causes and effects that then give birth to processes, actions, and outputs or results. This series is all commonly known as the law of causality (Hamzah & Susanti, 2022). Public speaking activities are present for a certain cause and effect. In the application of the "Practice & Preparation" method, doing public speaking practice is part of the consequences that arise in practice, while preparation needs to be taken because you want to speak in public. From a broader perspective, there are various consequences of practicing the "Practice & Preparation" method in public speaking. Influencing the ability to speak in public spaces is one of the many consequences that can be described. Based on the results of interviews

with 4 teachers and 10 students of the Maahad Darul Azhar Wal Hikmah Islamic boarding school, all samples admitted that this method had an influence in the form of improving public speaking skills. The more intensive the practice of this method, the more proficient public speaking will be. Some notes that describe in detail the positive influence of this method based on the results of the analysis are; able to increase confidence, reduce worry about possible mistakes, get the opportunity to think deeply before speaking, present and increase self-courage, and eliminate fear. Meanwhile, no adverse effects were found that could be described significantly. There are samples that say that minimal experience to speak up front will hinder practice. However, this statement is refuted by the fact that the practice of public speaking has been successful. Regardless of whether the practice is perfect or imperfect, a practice is still a practice. Therefore, there was no adverse impact on public speaking skills by practicing the “*Practice & Preparation*”.

Table 1. 35 Santri Maahad Darul Azhar Wal Hikmah Joint Workshop Practice Preparation 22 Agustus 2024

No	Nama Pengajar	JumlahPenduduk
1	Trainer	4
2	Companion	11
3	Student/Santri	35 Orang



Picture 1. Preparation Practice Workshop Public Speaking Postgraduate Student Islamic Broadcasting UIKA Bogor at Maahad Darul Azhar Wal Hikmah Terengganu Malaysia

CONCLUSION

The "practice & preparation" method has been proven to be effective in improving public speaking skills. The more intensive the practice of this method, the more proficient public speaking will be. The experience of minimal public speaking is not at all an obstacle to practice. Regardless of whether the practice is perfect or imperfect or the practice is done, practice is still practice. Preparation has basically become an inseparable part of daily life when you want to do something. This proximity aspect actually makes it easier to practice the public speaking learning method for Maahad Darul Azhar Wal Hikmah students. Based on the results of the interviews, there was no adverse impact on public speaking skills by practicing the "Practice & Preparation" method. As a suggestion, the researcher recommends deepening and expanding the scope of the research object regarding effective learning

methods in improving public speaking skills for students. The school that is the object of the research can also establish the "Practice & Preparation" method in learning.

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