

COUNSELING WITH VIDEO MEDIA TO IMPROVE *CARING* ATTITUDES IN NURSING STUDENTS

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Abstract

Background: Caring is an important thing that must be owned by nurses to perform services to patients. Caring must be familiarized starting from educational programs or students. **Objective:** Increase attitude about caring for nursing students **Methods:** Using counseling by video method, which was done on 30 nursing students. **Results:** The results of caring attitudes from measurements before counseling with video media obtained an average score of 3.4 out of a total score of 5, after counseling with video media, which was 4.2 out of a maximum score of 5. **Conclusion:** Counseling with video media can improve the caring attitude of nursing students.

Keywords: Counseling, Caring, Video.

INTRODUCTION

The core of nursing is *Caring*. *Caring* In the nursing profession is the action of a nurse who represents attitudes, responsibilities, care, and affective involvement with others (Watson, 2013). *Caring* As a standard and core competence of nursing students, it is necessary to refract from the start of learning in academics as a provision for entering health services. When understanding *Caring* less, then applicability *Caring* In everyday life will be difficult (Labrague *et al.*, 2015; McEnroe-Petitte, 2015; Kuntarti, Kartini and Putri, 2019).

Based on research conducted by Putri, *et al* (2023), it was found that from 256 nursing students, 50% had *caring* with a good category, with the majority of respondents aged 17-25 years (97.3%), and were female (80.1%), and unmarried (93.4%). Research conducted by Sukartini, Asmoro, and Pradana (2019) stated that 41.5% of students had a moderate *caring* attitude, 55.3% had high caring, and 3.3% had *low caring*.

Caring is a behavior that needs to be refracted. *Caring* can be the identity of a person. *Caring* can be influenced by several things, such as satisfaction, course load, and student ability (Kibre, *et al*, 2022). *Caring* that is lacking can be done by students both while on campus and when outside campus. This behavior can be shown to lecturers, educators, friends, and the environment, especially during the learning process. Less caring can be shown by less friendly behavior, irritability, unresponsiveness to others, and poor communication (Kartini and Putri, 2019; Mariyanti, *et al*, 2015). Caring behavior can be influenced by attitudes. Attitude is a

feeling towards one's behavior in social interaction, and regularity of thinking (Notoatmojo, 2010).

To assist in improving caring attitudes, we propose conducting counseling with the video method conducted by fellow nursing students. A caring attitude is an attitude that can be improved by using counseling using the video playback method. Video media can enhance the learning effect. It is based on the theory that 75% to 87% of human knowledge is transmitted in the brain through sight, i.e. the eyes. At the same time, from 13% to 25% of other organs. The advantages of video media are that it is more interesting, easier to understand, directly achieves the goal displays detailed content, and compares two different scenes simultaneously (Triana, 2020).

Problems, Target, and External

Based on interviews with 5 lecturers and educators at Dr. Soebandi University, it was found that the caring attitude of students needs to be considered. This can be seen in the *caring* behavior of students who don't care when a friend is sick. Three out of 5 lecturers and educators stated that students do not greet when passing each other, both on campus and off campus.

Based on the above problems, the problem faced by partners is that students lack a *caring attitude* towards their surroundings, especially in the campus environment. The output target of this service program is expected to be in the form of increasing *student caring* attitudes.

IMPLEMENTATION METHOD

Based on the results of identifying the problem, the steps in solving the problem begin with applying for permission from the educational institution of Dr. Soebandi University to carry out activities. Then after getting permission, proceed with counseling. Counseling was carried out using 5 minutes opening, and 5 minutes *reviewing* caring *knowledge* carried out on the same students in previous community service activities. The next step is for students to be asked to watch the video for 5 minutes, and a discussion is held regarding the participants' opinions about the video being played.

The method for evaluating the success of this program is by measuring the attitude of students. The measurement was done by a caring attitude questionnaire.

RESULTS OF DISCUSSION

Counseling with the video playback method has been carried out for nursing students. This activity was carried out by 30 nursing student participants who had previously participated in caring knowledge enhancement activities using the brainstorming method. The implementation will be held on June 19, 2023.



Picture of a discussion about caring attitudes

The results of *caring* attitudes from measurements before counseling with video media obtained an average score of 3.4 out of a total score of 5, after counseling with video media, which was 4.2 out of a maximum score of 5. From these results, it can be said that counseling with video media can improve the caring attitude of nursing students. This is to the results of research from Asmawati, et al (2021) and Ardie & Sunarti (2019) stated that video media counseling can improve one's attitude.

CONCLUSION AND ADVICE

This activity concludes that there is an increase in the caring knowledge of nursing students through counseling with the video method. Recommendations for the next community service activity are to improve caring behavior or actions in nursing students.

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