BRAINSTORMING TO IMPROVE STUDENT CARING KNOWLEDGE

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Abstract

Background: Caring is the essence of nursing. Caring requires refraction in its implementation. Caring for nursing students, as prospective professional nurses is considered lacking. **Objective :** Increase knowledge about caring for nursing students **Methods:** using brainstorming, which was done on 35 nursing students. **Results:** The implementation of the activity is by dividing 35 students into 4 groups, so that 1 group consists of 8-9 students. Each group received an explanation of the procedures for implementing brainstorming, working on the pre-then each group brainstorming on the topic of caring. **Conclusion:** After brainstorming with the topic of caring, it is hoped that students will increase student knowledge, and can do refraction with the support of friends (peer group support).

Keywords: Brainstorming, Caring.

INTRODUCTION

Caring is at the core of a nurse's practice. The nurse is the closest care giver to the patient to provide the best service to the client. Caring requires the cultivation or formation of behavior from an early age, namely from the time of education or as a student. Caring behavior can be applied, if the student understands caring behavior, if the understanding of caring behavior is lacking, it will be difficult for students to apply caring behavior in daily life (Nusantara & Wahyusari, 2018) (Wardaningsih & Al Halawi, 2019).

Based on research conducted by Sulisno & Ulfa (2015) stated that out of 184 Diponegoro University students, the results obtained were 161 (87.5%) students had sufficient and poor caring, only 23 students (12.5%) had good caring . Research conducted by Kurnia, et al (2019) on 240 Padjadjaran University students stated that 50% of students had low caring, 42.5% of students had moderate caring, and 7.5% had high caring. The preliminary study conducted showed that 3 out of 5 students stated that they were not sensitive to the surrounding environment, this was illustrated when working on group assignments which tended to be carried out individually.

According to Watson (2007) caring is based on altruistic humanistic values, namely kindness, empathy, attention, both interpersonally and intrapersonally, so that it can describe a person's identity not just the ability of someone who can do something, but has an impact on self-acceptance in the future. come. Caring is an important thing that must be done by students, especially nursing students. The formation of caring behavior must be done early, namely at the academic level. Caring behavior in college students is influenced by several factors, namely personality, activeness in organizations, psychological conditions, namely attitudes and motivation and burnout syndrome. Most of the caring behavior of students can be illustrated as long as they are in a good campus environment. Students in the campus environment will get courses with different learning techniques, this will make students

show true behavior towards lecturers, teaching staff, friends and the environment during the learning process. Caring behavior (Mariyanti, et al, 2015).

To assist in solving this problem, we propose to conduct a brainstorming conducted by fellow nursing students as a first step to improve caring. Caring is a behavior that can be improved by using brainstorming techniques. Brainstorming is a learning method that provides opportunities for students to express opinions related to topics. This method is expected to be able to improve students' critical thinking skills without fear because in this method there is no criticism from other students. The brainstorming method has several advantages, namely students think to express opinions, train fast and logical thinking, increase student participation, have healthy competition, and teach discipline (Aldeirre, et al, 2018). Through this activity, it is hoped that nursing students will be able to improve caring.

Problems, Targets and Outcomes

Based on interviews with 10 students at Dr. Soebandi University, it was found that there was a lack of caring or concern for students, both with fellow friends and with other academics. This can be seen by the caring behavior of students who do not care when their friends are sick. The same interview was also conducted by lecturers who stated that student communication tended to be uncaring, such as sending WhatsAp messages at night to enter into lecture contracts.

Based on the above problems, the problem faced by partners is that students lack caring for their surroundings, especially in the campus environment. The output target of this service program is expected to produce an output in the form of increasing student caring knowledge.

IMPLEMENTATION METHOD

Based on the results of the identification of the problem, the steps in solving the problem begin with applying for a permit to the university educational institution dr. Soebandi to carry out activities. Then after getting permission, proceed with forming groups in the implementation of brainstorming. Groups are determined by dividing each class. Determination of brainstorming participants was carried out randomly by selecting 8 - 9 participants for each group with a total of 4 groups. After the groups were formed, the participants were given material on the procedures for carrying out brainstorming. The next step is to carry out a brainstorming about caring. In the last phase, participants were given an explanation about caring for students.

The method in evaluating the success of this program is by measuring the knowledge of students. The measurement was carried out with a knowledge questionnaire about caring.

DISCUSSION RESULT

Health education with a brainstorming approach has been implemented for nursing students. The implementation was carried out by dividing into 4 groups which were carried out for 2 days. Groups 1 and 2 will be held on August 9 2022 and groups 3 and 4 will be held on August 10 2022. After dividing into groups, it will be continued with the provision of material on procedures for carrying out brainstorming.

Figure 1 explains brainstorming in group 1

Figure 2 Pre-test work on the topic of caring in group 2

Figure 3 Implementation of brainstorming in group 3

Then do a brainstorming about the topic of caring. Before and after the brainstorming was carried out, measurements related to caring were carried out.

The results of measuring knowledge about caring before brainstorming was carried out obtained an average score of 2.54 out of a total score of 5, after brainstorming an average score of 3.45 out of a total score of 5.

These results indicate an increase in knowledge after brainstorming. Brainstorming is a learning method that can improve one's understanding and critical thinking skills. Critical thinking is a process of first digesting things that have been obtained by looking at other sources and then making your own conclusions (Aldeiree, et al, 2018). The brainstorming learning method can improve student caring.

CONCLUSIONS AND RECOMMENDATIONS

The conclusion in the activities that have been carried out is that there is an increase in nursing students' caring knowledge with the brainstorming method approach.

The recommendation for future community service activities is the formation of peer group support so that students can get used to caring.

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